

Here's what residents have said about Holly House:

"Since being at Holly House I've changed a little. I'm calmer and less stressed because I don't have to worry about paying rent, power and things."

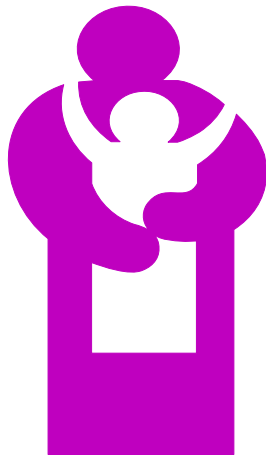
Resident aged 18 years

"I need the support day and night at the moment because I don't know if I can do it on my own".

Resident aged 16 years

"Holly House helped me find other supports in the community and prepared me for being a mother".

Resident aged 16 years



How to contact us:

If you would like more detailed information please contact:

The Manager
Holly House
P O Box 13171
Christchurch
Phone (03) 355 3361
Fax (03) 355-3391



Holly House is another community service provided by Presbyterian Support Upper South Island
P O Box 13171
Christchurch



Presbyterian Support

Holly House



A residential home for young mothers and their babies

Information for referrers

For more information phone
(03) 355 3361



The service...

Holly House can accommodate five mothers and their babies at any one time.

It is staffed 24 hours by a trained, skilled team. We encourage and support residents to develop a strong bond with their baby while building essential life and parenting skills for themselves.

Holly House is more than just accommodation.

We also offer:

- * individual care plans where each young woman identifies her specific needs and goals to be worked toward. We review these monthly.
- * education modules that provide a structured process of learning, realistic expectations with measurable outcomes of success.
- * the opportunity to develop skills. These are incorporated into the daily routine at Holly House. eg baby care and development, cooking on a budget, and self care.
- * networking and advocacy with other professionals and community agencies. These include financial, medical and social needs.

- * individual counselling and support as necessary with each young woman. Specialist services are sought as appropriate.
- * referral to other community services. This ensures ongoing support for the resident when she leaves Holly House.
- * support when leaving Holly House. This is planned and we help the young mothers find suitable accommodation, to access benefit entitlements, find essential household items and make arrangements for on-going support.

Holly House can provide follow-up after residents leave. During the follow-up time it is possible for young mothers to continue with the New Parent Education modules in their own home.

Entry Criteria

Holly House welcomes young women aged between 15 and 25 years who need a supportive and safe environment so they can build a positive and independent future with their baby.

A young woman can enter Holly House about 2 months before her expected due date or after the birth of her baby and may stay until her baby is 'on the move'. We hope that she will stay for 12 weeks after her baby is born in order to establish good routines.

We invite each potential resident and/or her referrer to visit Holly House and speak to the Manager. At this time we discuss whether Holly House would be an appropriate support.

If following these discussions the young woman decides she would like to stay at Holly House, a referral form is completed. Our Manager will then arrange a pre-admission assessment with the client and her support people.

More information is available. If you would like copies of:

- * the Holly House brochure for potential residents
- * an information booklet for professional referrers
- * the information booklet for residents

Please contact us at our address/ phone number overleaf.